



**LABORATORY OF PSYCHOEDUCATION**  
**INSTITUTE OF TRAINING AND PSYCHOTHERAPY**

We are pleased to invite you to the International Scientific Conference “**A Tormented World – How Can Psychotherapy Help Us. Hopes and Illusions**”. Main purpose of this event would be to summarize forty-year long evolution of psychotherapy – with special emphasis on its current condition, function and value in contemporary socio-political context.

The conference will take place on 30.08-1.09.2018 in Łochów (ca. sixty kilometres from Warsaw, Poland) and will be one of the events accompanying the 40<sup>th</sup> anniversary of the Laboratory of Psychoeducation.

**Laboratory of Psychoeducation** was founded in 1978 and it was the first private psychotherapeutic centre in Poland. Laboratory of Psychoeducation managed to continue its educational and therapeutic activity despite unfavourable political climate in the seventies and eighties. From the beginning until now it has been a community of experienced specialists who are active in the field of psychotherapy, psychiatry, supervision, workshops and trainings. Also, we are the longest existing psychotherapy training centre in Poland and we have already educated several generations of therapists. Constant revision of the state of contemporary psychological knowledge enables us to keep working with troubled patients very much up to date. That also makes us sensitive to the differences between valuable innovations and scientifically unsubstantiated therapeutic novelties.

In 2018 forty years will pass since the Laboratory of Psychoeducation inaugurated its activity. The upcoming jubilee will be a great opportunity to discuss the evolution of psychotherapy in the last few decades. One of the events accompanying the 40<sup>th</sup> anniversary of the Laboratory of Psychoeducation will be a three-day conference *A Tormented World – How Can Psychotherapy Help Us. Hopes and Illusions*, which will take place on 30.08-1.09.2018 in Łochów Palace – a conference centre located in the picturesque

area surrounded by beautiful forests ca. sixty kilometres away from Warsaw. This pleasant venue will become a place of debate concerning the contemporary condition of psychotherapy and its function and value in the context of globally growing socio-political struggles. Among the participants of the conference will be many notable practitioners and theorists of psychotherapy from around the world, such as **Nancy McWilliams**, **Patricia Coughlin**, **Jonathan Shedler** and **Robert Neborsky**.

Conference speeches will be given by:

**Bogdan de Barbaro** – *Psychotherapist as a Citizen. Private and Non-private Experiences*

**Leanne Campbell** – *Working with Trauma from an Attachment/EFT Perspective*

**Patricia Coughlin** – *What Ever Happened to the Oedipal Conflict?*

**Krystyna Drat-Ruszczak** – *Narcissism and Borderline. Image Distortions of the Self as the Answers to the Modern “Tormented” World*

**Michael Garrett** – *Psychosis as a Consequence of Social Adversity and its Treatment with Psychotherapy*

**Nancy McWilliams** – *Why Psychotherapy Is Not Enough to Save the World*

**Mario Mikulincer** – *Attachment Security as a Core Resource for Resilience, Mental Health and the Healing Process*

**Zofia Mińska-Wrzońska** – *Psychotherapy: Sparks of Revolution or Preservation of the Already Existing World?*

**Irena Namysłowska** – *Psychotherapy: Illusion of Narcissism or Humbleness*

**Robert Neborsky** – *The Brink of Mass Destruction: Can Psychotherapy Help Prevent Our Collective Self-Annihilation? Lessons from the Work of Freud, Jung and Davanloo about this Aspect of the Human Psyche*

**Katarzyna Schier** – *When the Tormented Psychotherapists Can Help Others? Traumatic Experiences “Written Down” in the Body*

**Jonathan Shedler** – *Pathways to Hope, Pathways to Torment: Personality Patterns in Psychotherapy and in Life*

**Maciej Pilecki** – *Parents and Psychopathology of Children. Responsibility? Helplessness? Influence?*

**Cezary Żechowski** – *Emotional Systems and the Construction of Social Systems – an Undiscovered Motif in Jaak’s Panksepp’s Theory*

Among our guests are also **Stanley Messer** and **Michael Randolph**.

Applications for the conference should be sent via registration form on our website [www.40lps.pl](http://www.40lps.pl)

Early bird registration fee – 150 € – is valid until 15<sup>th</sup> October 2017.

The fee should be transferred to the following account:

IBAN: PL 49 2490 0005 0000 4600 4838 1883

BIC/SWIFT: ALBPPLPW

The money transfer should be accompanied by a note “Anniversary Conference”.

After 15<sup>th</sup> October 2017 registration fee rises to 195 €. It will be valid until 15<sup>th</sup> December 2017.

Accommodation is available at Łochów Palace where the conference will be held. In order to make a reservation please contact the Łochów Palace directly. **A special discount is available** with a password “40 years of Laboratory of Psychoeducation”.

Conference and Leisure Centre Łochów

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Few days before the conference we will inaugurate the International Summer Psychotherapy Masterclass. It will take place on 24-29.08.2018, also in Łochów Palace. The programme of the masterclass will include many workshops, supervisions and other advanced learning activities dedicated to those who would like to improve their psychotherapeutic skills under the eye of notable professionals from around the world. Participants will have a chance to acquire knowledge from **Patricia Coughlin, Bogdan de Barbaro, Nancy McWilliams, Stanley Messer, Leanne Campbell, Michael Garrett, Andrzej Leder** and many more. Further information and the detailed programme will be announced soon.

**Contact us:**

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Laboratory of Psychoeducation official website: [www.40lps.pl](http://www.40lps.pl)

Official website of the 40<sup>th</sup> Anniversary of Laboratory of Psychoeducation: [www.lps.pl](http://www.lps.pl)