

## Costs

Participants from Western Europe .....	120 €
Participants from Eastern Europe .....	80 €
Delegates from EAPTI's .....	free

## Registration

Please send e-mail to: [peter.schulthess@europsyche.org](mailto:peter.schulthess@europsyche.org) with the following text:

**Congress Vienna February 23rd, 2020, application**

Name and address: .....

e-mail: .....

- Fees:**  I have payed a fee of ..... € to the EAP account  
 I am a EAPTI representative and participate for free

**Please pay your fee to:**

European Association for Psychotherapy | Mariahilfer Str. 1d/13, 1060 Vienna  
Volksbank Ost | IBAN: AT684300035337340000 | BIC: VBOEATWW

## EUROPEAN ASSOCIATION FOR PSYCHOTHERAPY

Member of the World Council for Psychotherapy (WCP)  
NGO with consultative status to the Council of Europe

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RESEARCH CONFERENCE

# Initiating Practice Related Research

Vienna, February 23rd 2020 | 09:30 – 16:00



SIGMUND FREUD PRIVATE UNIVERSITY  
FREUDPLATZ 1, A-1020 VIENNA

**ORGANIZER:** SARC (Science and Research Committee of EAP)  
Peter Schulthess, Catalin Zaharia, Lynne Rigaud



## Initiating Practice Related Research

Psychotherapy Research needs more practice related approaches.

With this conference we want to initiate projects with methodologies for process- and change-documentations in psychotherapy that are practice related, easy to handle for practitioners and have a similar evidence as RCT designs. We address this conference to all delegates from National Organizations, Training Institutes, European wide Organisations, Board members and all practitioners with an interest in practice related research.

The conference has a format where two invited speakers, **Prof. Matias Desmet** (Belgium) and **Prof. Gunter Schiepek** (Germany/Austria) will give a presentation about their research approaches and current projects. There will be enough space for discussions and finding next steps to set up new research projects, international and across modalities, with participation of EAP members.

## Program

- ▶ 08:45-09:30 Arrival, inscription
- ▶ 09:30 **Peter Schulthess:** Welcome Address and Introduction
- ▶ 09:45 **Mattias Desmet:** presentation of two current projects:  
[The Single Case Archive](#)  
[The Ghent Psychotherapy Study](#) (a Randomized Controlled Trial in which each therapy is studied as a single case with Time Series Analysis)
- ▶ 10:45 Coffee Break
- ▶ 11:15 **Gunter Schiepek: Practice-related research:**  
New ways of case formulation, process-outcome feedback, and personalized psychotherapy from a nonlinear dynamic systems perspectives
- ▶ 12:15 **Discussion** in smaller groups about the two presentations:  
Gathering questions and needs of participants to the presenters
- ▶ 12:45 **Open discussion in Plenum** with the presenters
- ▶ 13:15 Lunch Break
- ▶ 14:30 **Panel and Plenary Discussion:** Drafting next steps to realize together a multinational and multimodal Research project
- ▶ 16:00 End

## Invited speakers

### ▶ MATTIAS DESMET

is a Professor of Clinical Psychology at the Department of Psychology and Educational Sciences of Ghent University (Belgium) and he works as a psychoanalyst in private practice. Desmet is the author of the books *The Pursuit of Objectivity in Psychology* and *Lacan's Logic of Subjectivity: A Walk on the Graph of Desire*. Furthermore, he is one of the founders of the Single Case Archive. In 2018 he received the Evidence-based Psychoanalytic Case Study Price of the Association for Psychoanalytic Psychotherapy and in 2019 he received the Wim Trijsburg Price of the Dutch Association of Psychotherapy.

**Field of special interest:** Single Case Times Series as alternative to mainstream research.  
Author of many other publications and papers in international journals.

### ▶ GUNTER SCHIEPEK

is Univ.-Prof. Dr. phil. Dr. phil. habil., Director of the Institute Synergetics and Psychotherapy Research at the Paracelsus Medical University Salzburg (Austria) and of the Center for Complex Systems (Stuttgart/Germany). Since 2008 professor at the Ludwig-Maximilians-University Munich and at the Paracelsus Medical University Salzburg. Visiting-Professor at the Donau-University Krems and at the Alpen-Adria University Klagenfurt (Austria). Member of the European Academy of Sciences and Arts (Academia Scientiarum et Artium Europaea), vice dean of the medical class. Honorary fellow of the German Society of Systemic Therapy and Systemic Research. Fellow of the Mind Force Institute, Sapienza University, Rome. Member of the scientific directory of the German-Japanese Society for Integrative Science. Member of the German Society of Psychology.

**Main topics:** Synergetics and dynamics of nonlinear systems in psychology, management, and the neurosciences. Process-outcome-research in psychotherapy. Neuroscience of psychotherapy. Internet-based Real-Time Monitoring of change processes in different fields. Social psychology. Management. Research in the measurement and development of human competencies.

Member of the scientific board of different institutions, communities, and journals. Published 24 books and about 250 papers in international and German scientific journals and readers.